

Turun Metsänkävijät 100

TuMe 100, Competition instructions for TrailO

Turun Metsänkävijät will organize the trail orienteering European Cup competitions on September 13-14, 2025 in the Impivaara outdoor recreation area of Turku. Tempo on Saturday and PreO on Sunday.

A general map of the competition area is available on the competition website:

<https://www.tume.fi/tume100/>

Schedule

Signage to the competition center will be in place on Saturday, September 13, 2025 at 8:00 AM.

The competition center services will open on both days at 9:00 AM.

The first starts on Saturday are at 12:00 PM ja on Sunday at 10:00 AM. The start lists will be published on the competition website on Friday, September 12.

Guidance

Signage to the competition center starts at the roundabout at 60.476801, 22.256184.

The competition centre is located at the northern end of Kurrapolu.

The competition centre can also be reached by Turku city buses, see reittiopas.foli.fi/

The nearest public transport stop is 400 m away.

Parking

Parking according to the instructions from the guide in the vicinity of the competition centre.

Competition centre

The competition centre's functions are Info, guide pole, model control and toilets. There is no separate water point in the competition centre. In addition to the competition functions, the competition centre offers café services. Cash and card are accepted as payment methods.

Competition rules and instructions

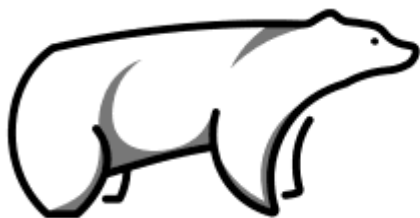
The competitions follow the IOF TrailO competition rules and the instructions given by the organizer

Number bibs

All competitors in all classes use bibs. Those are available at Info. Competitors must have their own safety pins to attach their bibs!

Map

ISSOMpr2019 1:3000 / 2 m. Mapper Juha Hiirsalmi, 08/2025. Printed on weatherproof paper, maps laminated in Tempo. To keep map readable the open rock is not mapped.



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Courses

6 stations in TempO, each with 5 tasks.

From the start to the first station 600 m. Smooth gravel road.

From station 1 to station 6, the distance is 300 m. Asphalt and smooth rock surface

From station 6 to the competition center 900 m.

In PreO, 36 controls with a distance of 600 meters. Uphill less than 10 m, downhill about 20 m.

Smooth gravel road. Maximum time 126 min and 136 min with P-certificate.

Two timed controls, each with 3 tasks.

From the start to the first timed control 300 m.

From timed control 1 to timed control 2, the distance is 100 m.

From timed control 2 to the start of the PreO section 1500 m. Car transportation is available on request for those who need it.

From the finish to the competition center 600 m.

The route has a one-way section, which is marked on the map and on the terrain.

Starts

On both days, the start is located at the main tent of the competition center, from which start according to the start list. In TempO guide tapes and in PreO both guide tapes and map.

Terrain

Urban forest with many paths and tracks. Visibility is mostly good. There are many rocks and boulders in some parts of the terrain. In some parts, the terrain is very detailed. The terrain has not been used for precision orienteering before.

Punching / timing

In Tempo and in timed controls, timing is done with ANT software and a manual timing is used as a backup. After the performance, the official repeats the competitor's answers and announces the performance time and shows the recorded answers on the phone screen.

In PreO, TOE stamping is used. TOE-chips are given at the start and collected at the finish.

If the TOE punching does not work, use a safety pin to mark the answer on the relevant box as shown in the image below. Report at the finish line if you have used a safety pin.

A	B	C	D	E	Z	
ELIT			600 m			
▷			/			
1	A-B		⌋			

First aid

There is a first aid station in the competition center.

Finish

After the finish (PreO), the competitor hands over the TOE-chips to the official, who reads them. The competitor receives a printout of his/her answers at the finish. There is no actual finish in Tempo, but the race ends at station 6.



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Complaint tent

After the finish, on the way to the competition center, there is a tent where the competitor has the opportunity to make a complaint or complaints about the course. The tent contains a solution map and forms for making a complaint. After leaving the tent, the competitor no longer has the right to make complaints about the course.

Note: This is an experiment conducted with the permission of the Trail Orienteering Commission.

Prizes

Prices for 3 best / category. After results are final on both days.

Dressing, washing and toilets

There is no indoor space or separate dressing area for dressing. There are no washing facilities in the competition centre. The Turku City Impivaara swimming bath is located near the competition centre. There are toilets in the competition centre and at the start of PreO. Also inva, of course.

Café-restaurant

Offering buns, filled rolls and rye bread, coffee, tea, biscuits and small sweets. Payments in cash or by card.

Main officials

Competition Director	Mikko Knuuti
Course setter	Juha Hiirsalmi
Informant	Kari Vainio, +358 50 5232248, kari.vainio@tume.fi
Results	Hannu Arki
EA	Kyllikki Anttila

Jury:

Roope Näsi
Libor Forst
Pinja Mäkinen

The competition website is at <https://www.tume.fi/tume100/>

Follow more information on the website and on Instagram with the accounts [@tumesuunnistus](#) and [@turunmetsankavijat](#).