

## **TuMe 100 – Preliminary Competition Instructions for Middle Distance Orienteering Race**

Organiser: Turun Metsänkävijät ry

Date: Saturday, September 13, 2025

Terrain: Impivaara outdoor area, Turku, Finland.

Competition format: Middle distance forest sprint.

This race is part of the TuMe 100 anniversary event. Classes are available from H/D12 up to H/D80.

### **Schedule**

Signposting to the competition centre will be in place from 8:00 AM on Saturday, Sept 13.

Services at the competition centre open at 9:00 AM.

First start: 10:00 AM.

Start lists will be published on the event website by Friday, Sept 12.

Start location: 700 m from the competition centre, marked from the info board.

Finish is at the competition centre and closes at 12:30 PM.

### **Directions**

GPS for signage start: [60.476801, 22.256184](#)

The competition centre is at the north end of Kurrapolku, Turku.

Public transportation is available via local buses. Use the route planner: [reittiopas.foli.fi](#)

Walking distance from the nearest bus stop: 400 m.

### **Parking**

Parking will be guided near the competition centre. Follow the signs.

### **Competition Centre**

Facilities include: Info desk, Info board, Finish, Demo control, Toilets, no indoor dressing rooms or showers, Café.

Note: There is no water point available at the centre.

### **Rules**

The competition follows the rules of the Finnish Orienteering Federation (SSL) and instructions provided by the organisers. Any updates or additions will be published on the event website prior to the race.

## Classes and Course Details

Classes	Controls	Distance
H21, H35, H20	19	3.1 km
D21, D20, D35, H40, H18	18	2.8 km
H45, H50	18	2.5 km
H55, D40, D18	16	2.3 km
H60, D45, H16	16	2.1 km
H65, D50, H70, D55	13	1.9 km
D60, D65, D16	13	1.8 km
H75, D70	11	1.6 km
H80, D75	12	1.6 km
D80	10	1.6 km
H14, D14	13	1.8 km
H12, D12	11	1.5 km

The instructional times are 30-40% longer than in sprint orienteering.

## Bib Numbers

All competitors in all classes must wear a bib number. Bibs are collected from the competition centre. Bring your own safety pins for attaching the bib!

## Start Procedure

All classes start from the same start area, 700 m from the competition centre.

No toilets at the start.

Follow the taped route from the info board to the start. Tape colour is posted at the info board.

### Pre-start sequence:

4 min: Call-up

3 min: Emit card clearing

2 min: Model map viewing

1 min: Take your map from the map bucket

H/D12 and H/D14 may read the map at this point

All other classes may look at the map only after start signal

## **Withdrawals & Late Arrivals**

Withdrawals must report to the finish.

Late arrivals must report to start officials.

Start closes 10 minutes after the last scheduled start time.

## **Terrain**

Urban forest with many paths and tracks.

Visibility is generally good.

Some areas contain large rocks and cliffs — caution is advised.

Terrain is partly very detailed.

Multiple steep cliffs in the terrain.

Part of the area was used for trail orienteering in May 2024.

Read the course planner team's terrain statement on the event website.

## **Map**

Orienteering map drawn using sprint mapping standards: ISSprOM 2019, scale 1:3000, contour interval 2 m.

Cartographer: Juha Hiirsalmi (08/2025).

Some small cliffs may be mapped that are not usually shown on regular forest maps.

No open rock symbol used.

Printed on weatherproof paper.

## **Control Descriptions**

Loose control descriptions available before entering the start lanes.

No pins or holders provided.

Control descriptions also printed on the map.

## **Controls**

Controls are marked with control flags and Emit punching units.

Demo control is located at the competition centre – check your Emit card functionality there!

### **Punching System: Emit**

Emit punching is used.

If no Emit number is provided in the IRMA registration system, a rental card will be reserved.

Rental fee: €5

Cards collected at the Info desk. Unreturned cards will be charged €90.

Check your Emit number from the start list and test it at the demo control (near info board).

### **Forbidden Areas**

Forbidden areas are marked on the map according to competition rules.

The only forbidden area is Nunnavuori nature reserve, a rocky old shoreline.

No marking tape is used in the terrain for this area.

### **First Aid**

First aid station is located at the competition centre.

### **Finish**

The finish is located at the competition centre.

All classes finish at the same finish.

Finish punching is used.

Follow the taped route from the last control to the finish – it must be followed.

### **Withdrawals**

All withdrawals must report to the finish.

If possible, also punch the finish unit.

Injuries requiring withdrawal must also be reported to finish personnel.

### **Prizes**

Wooden TuMe 100 souvenir tokens

Children's classes will receive material prizes

## **Changing, Showers & Toilets**

No indoor changing rooms or designated changing area.

No showers at the competition centre.

Nearby Impivaara Swimming Hall (Turku city facility) may be used for showers.

Toilets are available at the competition centre.

## **Café**

Café services at the competition centre offer:

Pastries, filled sandwiches, rye bread

Coffee, tea, soft drinks, and sweets

Payment by cash or card

## **Key Officials**

Event Director: Mikko Knuuti

Course Planning Team Leader: Juha Hiirsalmi

Course Setter: Timo Alhoke

Communications: Kari Vainio, +358 50 5232248, kari.vainio@tume.fi

Results: Hannu Arki

Controller: Eero-Antti Lonka

Jury: To be named

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