



Competition instructions

TrailO-Competition

FinTrailO 17.-18.10.2020 in Turku

TempO (WRE) - PreO-Sprint - PreO (WRE)

Rules

The competition complies with IOF TrailO rules 2020 (<http://orienteering.sport/trailo/competition-rules/>) and instructions given by the organisers.

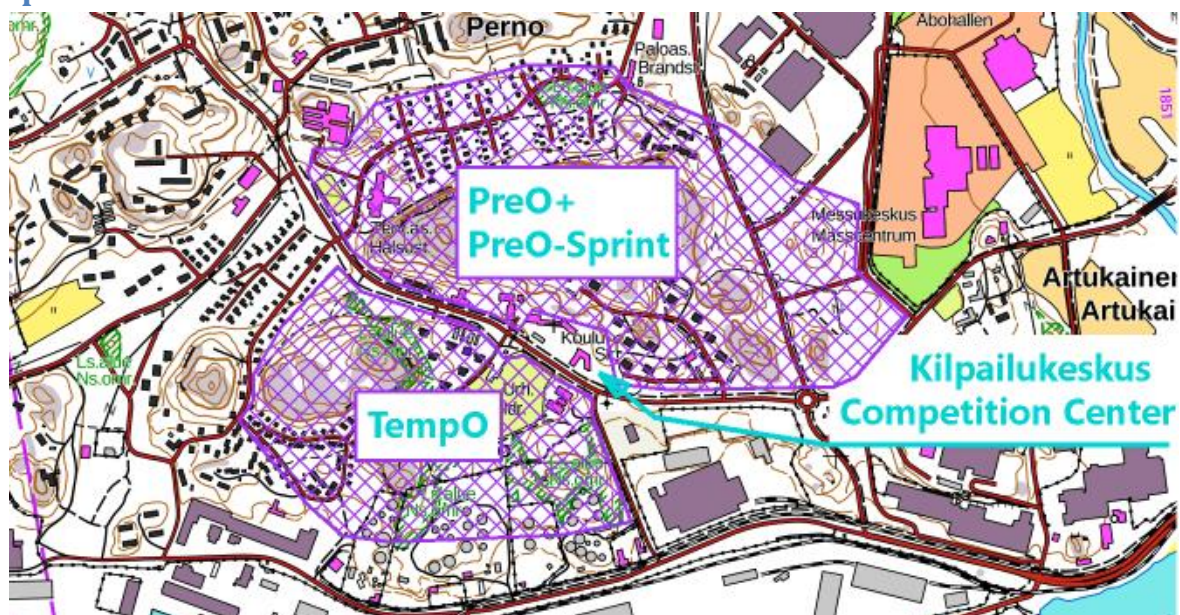
Agents

Competition Director	Mikko Knuuti	040 778 2566
Course setter, TempO	Ville Hiirsalmi	
Course setter, PreO-Sprint	Kari Vainio	
Course setter, PreO	Kari Lehto	
Inquiries	Kari Lehto	040 727 4970

EA Juha Hiirsalmi

Jury: Pekka Seppä (Chair), Pinja Mäkinen, Lauri Mäkinen

Competition Center



The competition center is Pansio School, Pernontie 27, 20240 Turku.

Terrain

TempO is competed around the Pansio sports center. The terrain is partly a man-made park, but there is also typical coastal forest terrain.

PreO-Sprint and PreO terrain is mainly typical coastal fairly hilly forest land, where pine, spruce forests grow. In some places, there is also more open built terrain.

The routes are asphalt roads and 2-3 m wide outdoor trails in all competitions. There are a few climbs and landings on the TempO and PreO, but all well-paced. The PreO-Sprint track is perfectly flat.

You are allowed to use assistant. We move around an area where there is also car traffic. Caution when crossing the roads. In good weather, there are plenty of outdoorsmen on the routes and cyclists on the PreO-Sprint route as well. Observe the traffic rules and beware of other road riders! Everyone competes at their own risk.

Map

The map mapped for TrailO with ISSprOM2019 by Juha Hiirsalmi 7-9/2020.

The scale is 1:3,000/2 m.

TempO's maps are laminated. PreO maps are of weatherproof material.

Classes

ELIT, HD16 and HD12. WRE racing only in ELIT.

If a competitor has official IOF Physically challenged status, they must ensure before the race that the organiser has knowledge of this.

Starts

TempO's start takes place from the canopy in front of the competition center, from where the course is started according to the starting list. The competitor receives a competition card on the back of which there is a route map (the route must be followed). First departure at 11:00.

PreO-Sprint is 800 m away from the competition centre. The route is indicated on the TempO route map (the route must be followed). The competitor can choose to continue directly from TempO's last position to start the PreO-Sprint, but can also visit the competition centre on the way. PreO-Sprint starts will be in the order in which the competitors arrive at the starting point. However, no earlier than 11.45 and no later than 13.30. PreO-Sprint's competition card will be given at the start. Competitors competing only in the PreO-Sprint on Saturday can get the route map from the info.

Sunday's PreO timed control is in the competition center. There is about 50 m from the timed control to the PreO start. Race cards (2 pcs) are available at the start. First departure at 10:00.

Number bibs and other materials

The competition numbers can be found on Saturday at Tempo's starting point. After Tempo's departures and on Sunday from the info. The competitor must bring their own pins.

The number bib must be visible throughout the competition, especially when arriving to tempo stations and timed control.

TempO 17.10.

At Tempo's starting point, the competitor receives a competition card with a route map on the back. The length of the route is approximately 1.5 km from the start back to the competition center.

7 stations with 6 flags and 5 tasks. The maximum time is 150 seconds per station. Answers should be given in a clear voice using the alphabet: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot, Zero. If you want to point to the answer (from the letters at the bottom of the map), tell us as soon as you arrive at the station. 30 seconds of each wrong answer is added to the total time.

Before the station, there is a waiting point where the competitor waits to be invited to the station. **There is hand sanitizer at the waiting point, which the competitor must use before moving to the station.**

There is both loose and bound maps available. The maps can be found on the bench next to the chair, where the competitor takes the map set they want to use.

Upon arrival at the Tempo station, the competitor sits on a chair (where he or she must sit throughout the performance). The officials stand between the chair and the flags, pointing to the competitor in the direction of sitting. After sitting down, the competitor selects either bound or loose maps from the adjacent bench. The maps are bundled in the correct order if the competitor sees the numbers from one to five on the right side of the bundle. If this is not the case, the competitor must point it out to the officials, the competitor must not arrange maps itself.

The officials move to the side and one of the officials presents the flags starting from the left. Alpha, Bravo, Charlie, Delta, Echo and Foxtrot. If a competitor does not see a flag, he or she must immediately say it, in which case the official will show it again. After three seconds, the official informs: Aika alkaa NYT! After the NYT order, the competitor is allowed to turn the cover page behind the map bundle, which brings out the first map. Based on the map and the control description below it, the competitor determines where the correct flag position is, i.e. which flag is asked and indicates it in a clear voice, such as "Delta". If a competitor considers that no flag is in the position, he or she will answer Zero. The once-given answer can't be corrected.

After saying the answer, the competitor is allowed to turn the next map up and respond to it. The map to which the competitor responds must be displayed at the time of answer. The previous map must not be taken out again, and two maps must not be viewed simultaneously (i.e. the map that has already been answered must not be left visible even by throwing it on the ground, but the map that has already been answered must be placed at the bottom of the map bundle). If this happens, that answer shall be rejected. After the competitor responds to the fifth task, time stops. The competitor then checks the order of the maps and puts the map bundle back on the bench with the cover page on top.

The officials record the competitor's answers and the time spent. After the station, hand sanitizer is available for competitor to use. Note! Before entering the station, the use of hand sanitizer is mandatory.

Competitor does not have to hand over the TempO's competition card to the info.

It is, of course, forbidden to talk about competition with **a competitor** who has not yet started.

PreO-Sprint 17.10.

In all classes the distance is 400 m, the total climb/slope is less than 1 m. Sanction for over time is -1p per starting 1 minute.

The ELIT has 24 tasks, the maximum time is 28 min (for those with Physically challenged status 32 min). The time is calculated as follows: $1 \text{ min/task} + 1 \text{ min (P 2 min)}/100 \text{ m}$.

The HD16 has 24 tasks, the maximum time is 32 min (for those with Physically challenged status 36 min). The time is calculated as follows: $1 \text{ min } 10 \text{ sec/task} + 1 \text{ min (P 2 min)}/100 \text{ m}$.

The HD12 has 12 tasks, the maximum time is 28 min (for those with Physically challenged status 32 min). The execution time is as follows: $2 \text{ min/task} + 1 \text{ min (P 2 min)}/100 \text{ m}$.

The clock at the start gives a start signal. From the signal the competitor lifts his emit card from the starting bunch, after which he or she is allowed to take the map from the bucket of correct class. The competition card will be given by the official before the start.

Only routes marked with brown color may be used for moving on the track. Some of these routes are also prohibited and marked on the map with a purple line. Prohibited areas are not marked on the terrain, only on the map.

The decision points have a tick with control number and class, the ELIT marks are blue, the HD16 red, and the HD12 black. There is also a decision point for single-flag tasks (A in column B of control description). Competitors should use their own spike bunch. The organizer has a few to borrow.

The total time is measured with the emit. On start, the emit card is bunched, the time starts when the card is taken off the bunch. The card shall be kept on the bunch until the light on the has flashed at least four times. When bunched on the finish, time stops. The time of the Emit card is read in the results office connected to the info. Please test the functionality of your emit card with the bunch in the competition centre (info) before departure if you are unsure of cards condition.

You are allowed to use your assistant. The assistant may only assist in walking, bunching and, if necessary, handling the map and compass according to the competitor's instructions, but not in solving tasks. We move along the bike path and cross the car road. Follow the traffic rules!

In the finish, the competitor bunches the emit card. The official then records the arrival time to his papers and checks the bunches on the competition card without touching it. One point per starting minute is deducted if the time used exceeds the maximum time. The time spent on the track at even points determines the rankings.

There is approximately 1200 m to the competition center from the finish. The competitor takes his/her competition card to the results office and at the same time the execution time will be read from the emit card.

It is, of course, forbidden to talk about competition with a competitor who has not yet started.

Both start and finishing has hand sanitizer available.

PreO 18.10.

In all classes the distance is 1.6 km and the total climb is 25 m. Sanction for over time is -1p per starting 5 minute.

The ELIT and HD16 have 33 tasks, the maximum time is 147 min (For those with Physically challenged status 153 min). The HD12 has 17 tasks, the maximum time is 99 min (for those with Physically challenged status 105 min).

The race starts with a timed control with 6 flags and 3 tasks. The operation is similar to that of TempO stations, with the exception that zero (zero) is not the answer option.

After the timed control is done, the competitor will continue to the starting position of the PreO section, which is about 50 m from the timed control.

Only roads, paths or areas marked with brown colors may be used. Some of these routes are also prohibited and marked on the map with a purple line. Prohibited areas are not marked on the terrain, only on the map.

The decision points have a tick with control number and class, the ELIT marks are blue, the HD16 red, and the HD12 black. There is also a decision point for single-flag tasks (A in column B of

control description). Competitors should use their own spike bunch. The organizer has a few to borrow.

The total time is measured with the emit. On start, the emit card is bunched, the time starts when the card is taken off the bunch. The card shall be kept on the bunch until the light on the has flashed at least four times. When bunched on the finish, time stops. The time of the Emit card is read in the results office connected to the info. Please test the functionality of your emit card with the bunch in the competition centre (info) before departure if you are unsure of cards condition.

There is an extra bunching point on the racetrack about halfway through the track, with which the competitor bunches and thus ensures that the clock of **the emit card remains running throughout the race. The place is marked on the map.**

You are allowed to use your assistant. The assistant may only assist in walking, bunching and, if necessary, handling the map and compass according to the competitor's instructions, but not in solving tasks. We move along the bike path and cross the car road. Follow the traffic rules!

In the finish, the competitor bunches the emit card. The official then records the arrival time to his papers and checks the bunches on the competition card without touching it. One point per starting minute is deducted if the time used exceeds the maximum time.

There is approximately 400 m to the competition center from the finish. The competitor takes his/her competition card to the results office and at the same time the execution time will be read from the emit card.

It is, of course, forbidden to talk about competition with a competitor who has not yet started.

Both start and finishing has hand sanitizer available.

Results

Online will be available at the preoresultat.se after the last competitor has started.

FinTrailO's combined results are calculated using the "relay method" by converting all results to seconds: The times of timed control and tempo stations are added together. Mistake on PreO courses will give 60 sec and a mistakes on timed control and Tempo stations are rewarded with 30 sec. A competitor with the shortest total time wins. When calculating FinTrailO's combined results, only points are taken into account for the PreO-Sprint. However, if competitors end up with the same result for the second, the time spent on preo-sprint will determine the order. The results of the overall competition can only be achieved by participating successfully in all three competitions.

Complaints and protests

The complaint period is 10 minutes from the time of publication of the official results. In the TempO, the complaint time begins 20 minutes after the final competitor of the PreO-Sprint has reached the finish line. Protests must be submitted in writing to the jury no later than 15 minutes after the organiser has informed decision regarding the complaint.

Awards

In youth classes, prizes are awarded to all competitors. In the overall competition prizes in each series to the top three and best competitors with official Physically challenged status.

Parking

Parking is in the competition center.

Zero tolerance

The following zero tolerance is used for all competitions: The answer is zero when the nearest flag is at least three (3) meters from the right place or at a different object or on the point item 135 degrees from the correct side.

Covid-19

The following organisers' orders shall apply to the competition:

1. Face masks shall be worn at and when queuing at TempO and timed control and indoors of the competition center
2. The hand sanitizer must be used at waiting points before TempO stations, timed control and before visiting the info
3. You are not allowed to enter the competition site if you are ill

Don't forget to keep safe distances during the race as well.

Further information: www.tume.fi/fintrailo2020/

Good competition!

TuMe Orienteering