

Event information

International trail orienteering competition

FinTrailO 31.3.-1.4.2018 in Turku

TempO (WRE, ECTO) + PreO1 (WRE) + PreO2 (ECTO)

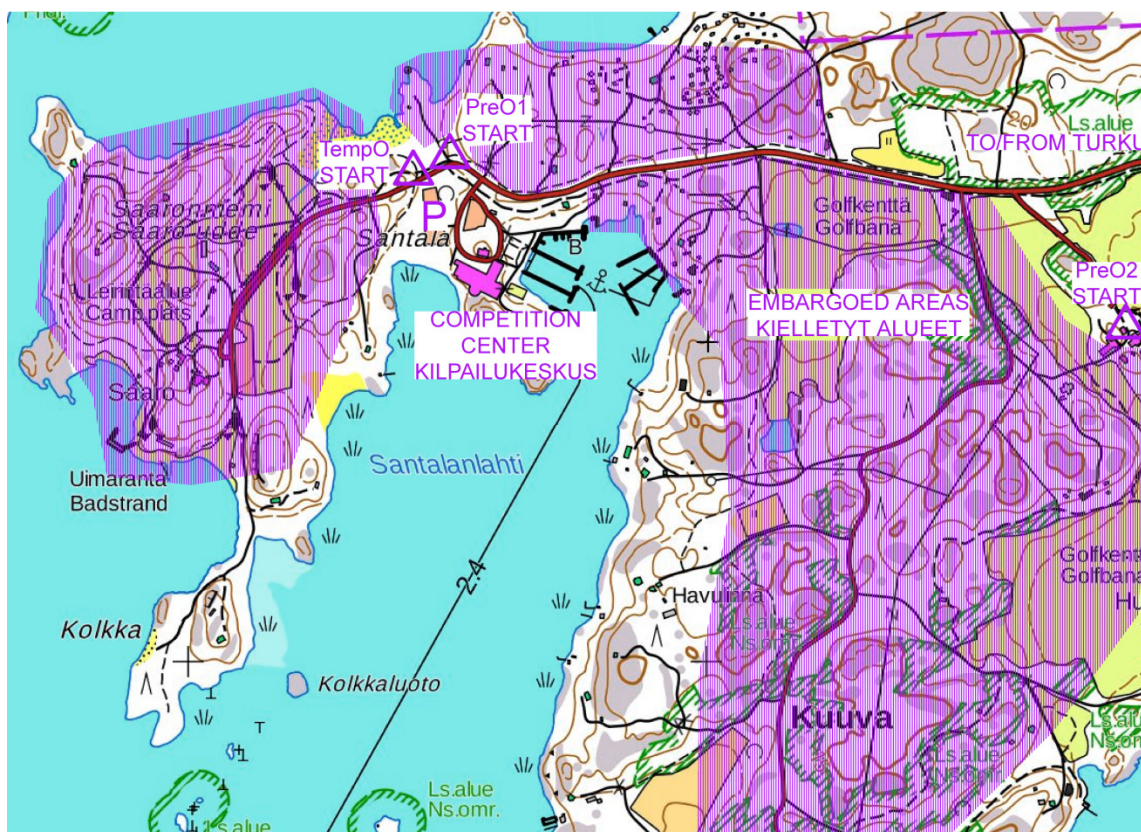
Competition Rules

The Competition Rules for IOF Trail Orienteering Events (2018) as well as instructions given by the organizers apply. Copy of the rules is available for download on the IOF website (<http://orienteering.org/trail-orienteering/rules/>).

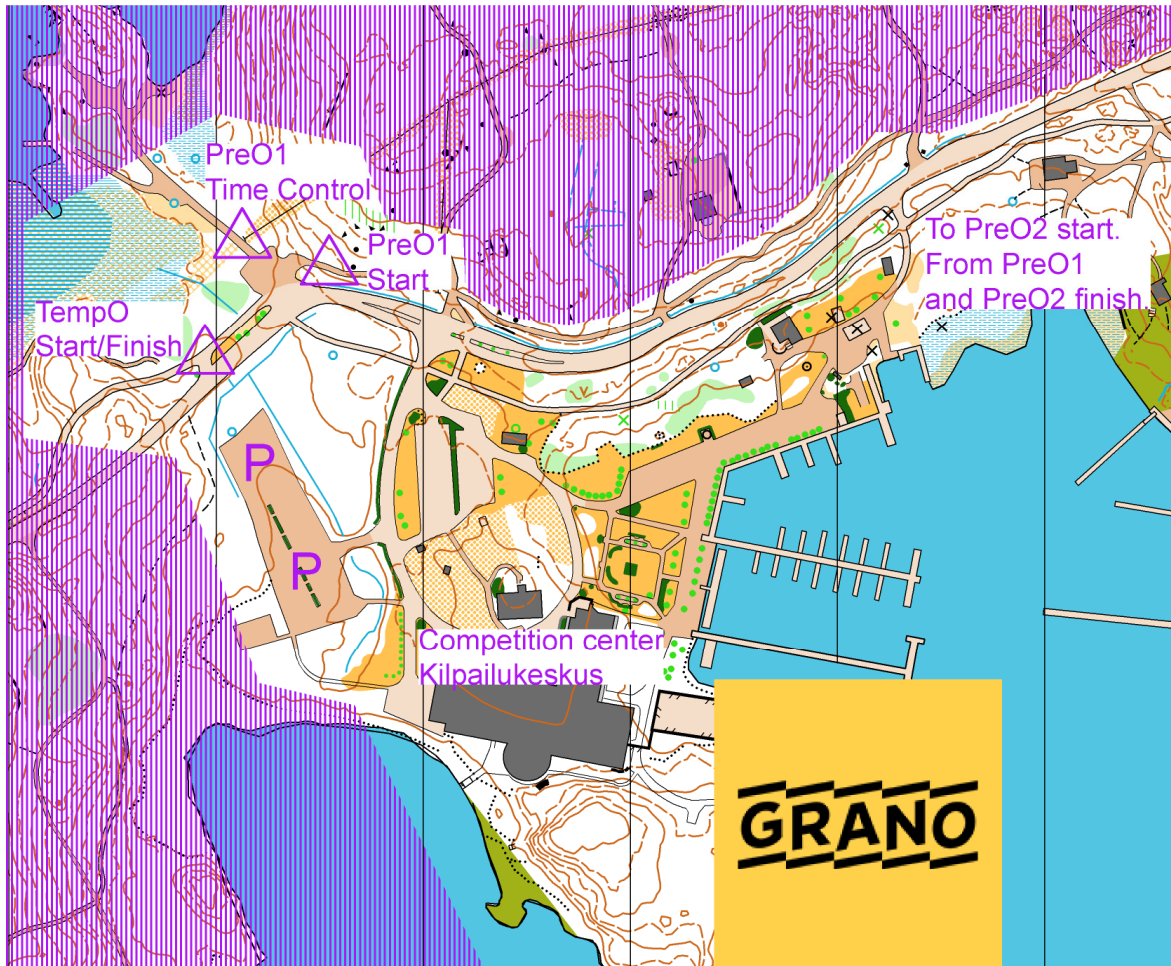
Organisers

Competition Director	Kari Lehto	040 727 4970
Event Adviser (31.3.)	Pinja Mäkinen, KooVee	050 356 7563
Event Adviser (1.4.)	Juha Hiirsalmi	
Course setter (31.3.)	Juha Hiirsalmi	
Course setter (1.4.)	Pinja Mäkinen, KooVee	
Contact person	Juha Hiirsalmi	040 502 9906
Jury:	Ari Tertsunen (Chairperson), Guntars Mankus, Alessio Tenani	

Event Centre



The competition center is in Ruissalo Spa. Address: Ruissalon Puistotie 640, 20100 Turku. The competition center is a Spa Hotel. There is an accessible toilet and a restaurant in the competition center.



Terrain description

TempO competition is located in the Saaronniemi outdoor and camping area. The terrain is partly park area with man-made objects, but there is also typical coastal forest terrain in the area.

PreO1 and PreO2 competitions are located mainly on a typical coastal moderately hilly forest growing pine, fir and oak trees. There is also quite open man-made terrain on the courses.

The passageways used in all the competitions are asphalt and gravel roads and sandy outdoor trails. Winter continues, which means that there are some snowy and icy, slippery parts on the route, and possibly also soft parts if the snow and ice melts during the competition. Organizer have assistants in a couple of biggest uphill and downhill. They assist especially wheelchair users, but also, on request, other competitors in need of assistance. Use of studded shoes is recommended. Everyone competes at their own risk. Due to the challenges of the route, Paralympic competitors have been given plenty of extra time for the PreO races.

In each competition (TempO, PreO1 and PreO2), the total climb is approximately 15 m. In PreO2 there is also climbing between the time control and start and also in the middle of the course in time stop parts. Use of a personal assistant is allowed. There is also car and bike traffic in the competition area. In PreO2, one part of the course is located on the side of a car road. Part of the road is separated for the competitors. In Tempo competition part of the route goes along the cycling and walking way. Follow the traffic rules and take in to account other road users! Everyone competes at their own risk.

Map

Competition map is a laser printed sprint orienteering map (ISSOM) that is mapped for trail orienteering in 1-3/2018 by Juha Hiirsalmi. Scale 1:4000, contours 2 m.

Start

Starts of TempO and PreO1 are approximately 100 meters away from competition center (Ruissalo Spa).

Distance from competition center to start of PreO2 is 1500 meters along cycling and walking road paved with asphalt. See the location of the PreO2 start in the map that is shown in the beginning of this event information document.

Near the start (timed control) there is a parking place that can be used if needed. The distance proceeded during the competition, including time stop parts, is relatively long. So it is recommended that those who are not physically in a strong condition use cars moving to the start. Please share cars when possible.

TempO competition starts on Saturday 31.3. at 8.30.

The timed control of PreO1 competition is opened on Saturday at 10.00. The distance from timed control to the start of PreO part is 100 meters. In the PreO1 competition there is free start time as a queue start. However, those competitors who compete also in TempO competition must do TempO before start of PreO1 competition.

PreO2 competition starts on Sunday 1.4. at 10.00. In the beginning of the competition there is a timed control. Distance between the time control and start of preo part is approximately 500 meters. This distance is, despite the sanding, partly icy and also soft in some parts. There is 12 m climbing on that part. Organizer have pushers in this uphill.

Number bibs and other competition material

The competition material for all personal trailo competitions during Easter is packed in an envelope that can be picked up from the Info Point in the competition center. The envelope contains a number bib (the same number bib is used for all personal competitions), competition cards for PreO competitions and possible leased Emit cards. The competitor is responsible for bringing the relevant control cards to the start of each event. The competitor must use their own safety pins. The competition cards of the TempO competitions will be delivered in the start of

every competition. Eventual remaining payments shall be made in conjunction with the envelope pick up. Please note that you can only pay in cash in euros. The number bib must be visible throughout the competition and especially on arrival at the Tempo stations and timed controls. If a competitor has an official IOF Paralympics status, he or she will be required to confirm that the organizer has knowledge of this at the latest when picking up competition material.

TempO 31.3.

At the start of TempO, the competitor receives a competition card with a route map behind it. The length of the route is about 2 km.

Both Elit and A class has 6 stations with six flags and five tasks. Max time is 150 sec / station. The competitor shall speak loudly the answers of the tasks using following alphabets: Alfa, Bravo, Charlie, Delta, Echo, Foxtrot, Zero. If You want to point your answers (from the letters that are situated in front of competitor's chair), please tell that to the officials immediately when arriving to the station.

TempO maps can be chosen as bound or loose. An official asks the competitor arriving to the station, which one he or she wants to use ("bound or loose"). In TempO it is added 30 second to the total time per every incorrect answer.

When arriving at the TempO station, the competitor delivers his or her competition card to the official and sits down on the chair (where he or she must sit till he or she is answered every task of the particular station). Officials stand between the chair and the control flags so pointing the correct sitting direction. There is not a backrest in the chair. When seated, the competitor selects either bound or loose maps and the official hand over the maps to the competitor. There is a cover page above the maps. The maps are in the bunch in the correct order if the competitor sees in the right side of the bunch numbers 1 to 5 running in the correct order from down to up. If this is not the case, the competitor must tell it to the official. The competitors must not arrange the maps themselves.

The officials move to the side of the competitor and one of the officials introduces the flags starting from the left: Alpha, Bravo, Charlie, Delta, Echo and Foxtrot. If a competitor does not see a flag he has to tell it immediately, and the official will show it again. After three seconds the official announces: Time starts NOW! After the NOW command, the competitor can turn the cover page behind the map bunch, and the first map will be displayed. Based on the map and the control description below the map, the competitor will find out where the correct position of the flag is, or which flag is to be asked and announce it with a clear voice, for example "Delta". If a competitor thinks that none of the flags is in the correct position, he or she answers "Zero". The answer given once is not allowed to be changed.

After saying the answer, the competitor shall turn the next map out and answers to it. The map to which the competitor is answering must be visible at the time of answering. The previous map is not allowed to be re-opened and two maps is not allowed to be in sight at the same time (this means that the map that is already answered must not be left visible even by throwing it to the

ground, but the map that has already been answered has to be placed at the bottom of the map bunch). If answered map is re-opened or two maps are left in sight at the same time, that answer is rejected. After the competitor has given the answer to the last or fifth task, the time will stop.

Officials record the competitor's answers and used time to the list and to the competition card. The competitor can check the answers and time in the list before leaving the station. If there are different answers or times in the list of officials and in the card, the answers and time in the list are valid.

From the last TempO station there is about 500 m to the finish, which is located at the same place as the start. The competitor delivers his or her competition card to the official.

After finish, it is naturally forbidden to communicate anything about the competition to competitors who have not yet started.

Pre01 31.3.

In the Elit class course is 1,1 km, total climb is 15 meters, 28 controls, max time 117 min (137 min for those having official IOF Paralympic status). In the A class Preo part is 1,1 km, total climb 15 m, 20 controls, max time 93 min (113 min for those having official IOF Paralympic status).

The competition begins with a timed control. There are 6 flags and three task in both class. The operation in the timed control is similar to the TempO stations, with the exception that there is not answer option Zero.

After the timed control the competitor returns towards the competition center and enters the PreO section's start, which is situated less than 100 m from the timed control.

During the competition it is allowed to use only roads, paths and other areas marked on the map with brown color. Some of these routes and areas are also prohibited and marked with a purple line on the map. Prohibited areas are not marked on the terrain, only on the map.

There is control number and class (E or A) marked in the decision poles. Elit class has blue and A class red text. There is decision poles in the terrain also in the single flack controls (in the column B of control description there is "A"). Because the ground is icy, the decision pole is a horizontal board. The central part of board is the theoretical position of decision pole. The controls must be punched in the numerical order. The competitors should use their own pin punches. The organiser reserves some extra pin punches that can be borrowed from the info point.

Total time is measured by Emit card. Time used in the timed control is not counted in the total time. At the start, the Emit card is punched. The competition time begins when the card is lifted. The card must be kept in the start punching unit until the light in the start unit has flashed at least four times. When punching in the finish, time stops. The time from the Emit card is read in the result office connected to the info point. Please, test the function of your Emit card at the competition center (info point) with the test puncher before going to the start.

In the PreO part there is two one-way parts. These are marked both in the map and in the control description. In the control description is marking ONE WAY. In the map there is a dotted line arrow drawn with violet color. In a ONE AWY part it is allowed to stop but it is forbidden to go backwards.

Use of a personal assistant is permitted. An assistant can only help in moving and punching, and also in handling with map and compass according to competitor's advice, but not in solving tasks. Organizer have assistants in a couple of bigger uphill.

The route goes along the outdoor route and cycling and walking way and in parts also along two rarely used little car roads. Also a bigger car road is crossed. Follow the traffic rules and take in to account other road users!

Finish of PreO1

In the finish a competitor punches the Emit card. After this the finish official shall write the finish time to the punching card (in precision of 1 second). If the max time is exceeded, one point is reduced per every starting 5 minutes.

From the finish there is about 600 meters to the competition center. On the way there is one downhill on the cycling and walking route (height difference is less than 10 meters). The competitor will deliver his or her competition card to the result office and at the same time the total preo time used is read from the emit card.

After finish, it is naturally forbidden to communicate anything about the competition to competitors who have not yet started.

PreO2 1.4.

In the Elit class course is 1,3 km, total climb is 15 meters, 39 controls, max time 156 min (191 min for those having official IOF Paralympic status). In the A class Preo part is 1,3 km, total climb 15 m, 20 controls, max time 99 min (134 min for those having official IOF Paralympic status).

The competition begins with a timed control. There are 6 flags and three task in both class. The operation in the timed control is similar to the TempO stations, with the exception that there is not answer option Zero.

After the timed control the competitor continues to the start. Distance between the time control and start of preo part is approximately 500 meters. This distance is, despite the sanding, partly icy and also soft in some parts. There is about 15 m climbing on that part. Organizer have pushers in the uphill.

During the competition it is allowed to use only roads, paths and other areas marked on the map with brown color. Some of these routes and areas are also prohibited and marked with a purple line on the map. Prohibited areas are not marked on the terrain, only on the map.

There is control number and class (E or A) marked in the decision poles. Elit class has blue and A class red text. There is decision poles in the terrain also in the single track controls (in the column B of control description there is "A"). Because the ground is icy, the decision pole is a horizontal board. The central part of board is the theoretical position of decision pole. The controls must be punched in the numerical order. The competitors should use their own pin punches. The organiser reserves some extra pin punches that can be borrowed from the info point.

Total time is measured by Emit card. Time used in the timed control is not counted in the total time. At the start, the Emit card is punched. When punching in the finish, time stops. The time from the Emit card is read in the result office connected to the info point. Please, test the function of your Emit card at the competition center (info point) with the test puncher before going to the start.

In the PreO part there is one one-way part. This is marked both in the map and in the control description. In the control description is marking ONE WAY. In the map there is a dotted line arrow drawn with violet color. In a ONE WAY part it is allowed to stop but it is forbidden to go backwards.

In addition there is two transition part in the course. During these transition parts the time does not run. The total length of the transitions is 330 m. At the beginning of the transition parts there is a finish circle drawn on the map. When the competitor arrives at this point, he or she punches the emit card into the punching unit beside the route. After this, the official checks the competitor's competition card. After punching in the intermediate finish the competitor is not allowed to punch earlier controls anymore. The official marks to the competition card potential earlier unpunched rows.

The following timekeeping part of PreO after a transition part starts on start triangle drawn on the map. The competitor will punch Emit in the intermediate start and the timekeeping will start again. Juices and snacks are offered in the transition part between the first and the second preo part. On the transition part between the second and the third preo part, competitors cross a car road and go on the left side of the road to the third intermediate start. In the third preo part the route of competitors is located on the side of a car road. Part of the road is separated for the competitors.

The separated lane is quite narrow, so take particularly in to account wheelchair users passing by. All controls are on that side of the road where the separated lane is located. Please stay in the separated lane and be careful!

Use of a personal assistant is permitted. An assistant can only help in moving and punching, and also in handling with map and compass according to competitor's advice, but not in solving tasks. Organizer have assistants in a couple of bigger uphill. The competition is organised in a hiking trail and beside a car road. Follow the traffic rules and be careful!

Finish of PreO2

In the finish a competitor punches the Emit card. After this the finish official shall write the finish time to the competition card (in precision of 1 second). If the max time is exceeded, one point is reduced per every starting 5 minutes.

From the finish there is about 2000 meters to the competition center. The competitor will deliver his or her competition card to the result office and at the same time the total preo time used is read from the emit card. Strongly walking competitors are hoped to use their feet to move to the competition center. From the finish there is a transportation to the parking place near the timed control and, if needed, to the competition center.

After finish, it is naturally forbidden to communicate anything about the competition to competitors who have not yet started.

Results

Online-results can be seen in <https://preoresultat.se/> immediately after the last competitor is started.

After competitions results can be seen in <http://www.tume.fi/fintrailo2018/results>

Combined results of FinTrailO are counted using "relay method" changing all the results into seconds: Times of timed controls + times of TempO stations + 60 sec per mistake in PreO course + 30 seconds per mistake on PreO timed controls + 30 sec per mistake in TempO. Competitor with shortest total time is the winner.

Complaints and protests

The time limit for complaints is 10 minutes after the final results have been published at the competition centre. In the TempO competition, the complaint time (10 min) begins 20 minutes after the last competitor of the PreO1 competition has arrived at the finish. Any protest shall be made in writing to a member of the jury no later than 15 minutes after the organiser has informed the complainant of the decision about the complaint. A protest fee of 50 EUR shall be paid to the Event Controller in cash when making a protest. The fee will be returned if the protest is accepted by the jury. If the protest is signed by several competitors, each of them shall pay the protest fee.

Prizes

In both classes, winners of all separate competition will get a prize. Prizes are given also according to combined results from the three events

The six best in Elit class and winner of A class will receive a prize. Prize giving will take place as soon as the final results are available on Sunday and the protest time has passed. Also best younger than 20-year-old competitor and the best competitor having official paralympic status are awarded.

Parking

Parking on a parking area in the competition center.

Zero tolerance

In TempO the following zero tolerance is applied: In Z controls distance to the nearest flag is at least 4 meters.

In PreO1 and PreO2 the following zero tolerance is applied: In Z controls distance to the nearest flag is at least 4 meters in the area objects and line objects. For point objects, the flag is at least 135 degrees apart from the side shown in the control descriptions, so that the answer is zero (Z).

More information: Web page of Turun Metsänkävijät www.tume.fi/fintrailo2018/

Have a nice race!

TuMe Orienteering